BOOKS


- **Beyond the Limits** by Donella Meadows, Dennis Meadows and Jorgen Randers. (Chelsea Green Publishing, 1992) Explains how we can build a permanently sustainable global economy while retaining a comfortable lifestyle.


- **Choose to Reuse** by Nikki and David Goldbeck (Ceres Press, $15.95) An encyclopedia of services, products, programs and charitable organizations that foster reuse.

- **Choosing Simplicity**: *Real People Finding Peace and Fulfillment in a Complex World* by Linda Breen Pierce and Vicki Robin (Gallagher Press, January 2000, $16.00; ISBN: 0967206715)

- **Cohousing: A Contemporary Approach to Housing Ourselves** by Kathryn & Charles Durrent, second edition with Ellen Hertzman (Ten Speed Press, $29.95)

- **Community Indicators Handbook**. Redefining Progress (415) 781-1191 or www.rprogress.org.

- **The Consumer’s Guide to Effective Environmental Choices: Practical Advice from the Union of Concerned Scientists** by Michael Brower, Ph.D. and Warren Leon, Ph.D. (Three Rivers Press, 1999)

- **Consuming Desires: Consumption, Culture and the Pursuit of Happiness**, Editor-Roger Rosenblatt (Island Press, 1999)

- **Cradle to Cradle-Rethinking the Way We Make Things** by William McDonough & Michael Braungart (North Point Press, 2002) ISBN: 0-86547-587-3


- **Ecology of Commerce** - *A Declaration of Sustainability* by Paul Hawken (HarperCollins Publisher, 1992)


- **The Future of Life** by Edward O. Wilson (Knopf, $22.00)

- **The Green Consumer** by John Elkington, Julia Hailes, and Joel Makeover (Viking Penguin, 40 West 23rd St., NY, NY 10010/$8.95) Brand-specific handbook of environmentally responsible shopping choices.

- **Heloise’s Hints for a Healthy Planet** (Perigee Books, 1990)

- **Home Ecology** by Karen Christenson (Fulcrum Publishing, $15.95) A complete overview of what you can do at home to help the environment —filled with practical tips to help green your daily life.

- **Home from Nowhere** - *Remaking our everyday world for the 21st century* by James Howard Kunstler (Simon & Shuester, 1996)

- **Hope, Human and Wild**—True stories of living lightly on the earth by Bill McKibben (Hungry Mind Press, 1995)


- **Natural Capitalism**—*Creating the next industrial revolution* by Paul Hawken and Amory and Hunter Lovins (Rocky Mountain Institute—Snowmass, CO: www.rmi.org/ (Lots of good resources are available from RMI)

- **The Natural House** by Dan Chiras (Chelsea Green, $35.00)

- **New Urbanism** (The) - *Toward an Architectural Community* by Peter Katz, Vicent Scully & Toss W. Bressi (McGraw-Hill, 1993)
• **The Next Green Revolution--Essential Steps to a Healthy Sustainable Agriculture** by Dr. James Horne and Maura McDermott (Kerr Center for Sustainable Agriculture), order on-line: www.kerrcenter.com


• **A Place Called Simplicity** by Claire Cloninger (Harvest House Publishers, September 1993; ISBN: 1565070569, $9.00) Provides encouragement and direction to a life of simplicity.


• **Rodale's Chemical-Free Yard & Garden, the Ultimate Authority on Successful Organic Gardening**, Copyright 1991— Distributed by Random House Value Publishing, Inc.

• **Seven Wonders: Everyday Things for A Healthier Planet (aka the Dalai Llama vs. Baywatch)** by John Ryan (Northwest Environment Watch, 1402 Third Avenue, Suite 1127, Seattle, WA 98101-2118/$9.95)


• **Simple Living Guide: A Sourcebook for Less Stressful, More Joyful Living** by Janet Lubbers.

• **Simplicity: Finding Peace by Uncluttering Your Life** by Kim Thomas (Broadman & Holman, May 1999, $8.00; ISBN: 0805418539)

• **Six Weeks to a Simpler Lifestyle** by Barbara Degrote-Sorenson and David Allen Sorenson (Fortress Press, November 1994; ISBN: 0806627514, $10.00)


• **Sustainable World** (A) - Defining & measuring sustainable development by Thaddeus C. Trzyna (International Center for the Environment & Public Policy, 1995) ISBN: 1-85383-267-7


• **Suburban Nation: The Rise of Sprawl and the Decline of the American Dream** by Andres Duany, Elizabeth Plater-Zybeck & Jeff Speck (North Point Press, $30.00)


• **Voluntary Simplicity** by Duane Elgin, ISBN 0688121195

• **Your Money or Your Life: Transforming Your Relationship with Money and Achieving Financial Independence** (Penguin Books, 1992) and **Getting A Life: Strategies for Simple Living** based on **Your Money or Your Life** (Penguin Books, 1997) both books by Joe Dominguez and Vicki Robin
**GREEN LIVING TIPS ON-LINE**

- **Adbusters**: www.adbusters.org/campaigns/bnd/ — An anti-materialism effort that promotes “Buy Nothing Day” — the day after Thanksgiving.

- **Affluenza** (AF.1.oo.enn.zuh) n. An extreme form of materialism in which consumers overwork and accumulate high levels of debt to purchase more goods (affluence + influenza); www.affluenza.com/

- **Alternatives for Simple Living**, Alternatives is a non-profit organization that equips people of faith to challenge consumerism, live justly and celebrate responsibly. www.SimpleLiving.org

- **Center for A New American Dream** - Turn the Tide—Nine Actions for the Planet, Conscious Consumer, "I Buy Different" campaign, and more: www.newdream.org/

- **Co-op America Quarterly**, Practical tips and common sense strategies to save money, live better and simplify your life: www.coopamerica.org or www.greenpages.com

- **E-The Environmental Magazine**, To subscribe to hard copy or on-line offerings, see website: www.emagazine.com/

- **Earth Force** bicycle promotional activities and information: www.earthforce.org/action1.htm

- **Earth 911**: www.Earth911.org or 1-800-Cleanup

- **EcoTeam, A Program Empowering Americans to Create Earth-Friendly Lifestyles**, Workbook for homeowners for garbage reduction, water, energy and transportation efficiency, eco-wise consuming and empowering others: http://empowermentinstitute.net/

- **Energy Efficient & Sustainable Construction**: www.greenbuilder.com

- **Environmental Protection Agency** - EnergyStar Appliances & Home Improvement Ideas: www.energystar.gov

- **Greener Cars**: www.greenercars.com

- **Green Guide**—Product reports, articles and more: www.thegreenguide.com/

- **Green Hotels Association**: www.greenhotels.com, List of hotels with recycling, water conservation, etc. programs

- **This Green Life**: www.nrdc.org/thisgreelife

- **Green Matters, the Busy Person’s Guide to Greener Living**: www.greennatters.com/gm/index.html


- **Mother Earth News**, The original guide to living wisely, Subscribe on-line: www.motherearthnews.com

- **Natural Home Magazine**: www.naturalhomemagazine.com

- **Natural Resources Defense Council (NRDC)**--Cities & Green Living: www.nrdc.org/cities/default.asp

- **Power$mart - Easy Tips to Save Money & the Planet**: www.ase.org/powersmart/bother.html

- **Reusable News**, Website: www.epa.gov/epaoswer/non-hw/recycle/reuse.htm

- **Sierra Club Sustainable Consumption**: www.sierraclub.org/sustainable_consumption/

- **Simple Living Newsletter**: www.simpleliving.net

- **Union of Concerned Scientists**—Green Living Tips: www.ucsusa.org/publications/green_tips.cfm?publicationID=309

- **Use Less Stuff Newsletter** (Oklahoma Campaign—1999 -2004+): www.deq.state.ok.us/uls/newsletters/


**GREEN BUSINESS TIPS**

- **Institute of Ecolonomics** - Prosperity without pollution: www.ecolonomics.org

- **The Natural Step** - Providing a visionary blueprint for a sustainable world: www.naturalstep.org

- **New Academy** - International Journal of Corporate Social Responsibility, Leadership & Ethics: www.new-academy-review.com

- **Sustainable Business Network** - Enabling business to flourish through sustainable practice: www.sustainable.org.nz/

- **Sustainable Business Techniques** - News & Innovative Ideas in the Business World

- **Green Biz** - The resource center for business, environment & the bottom line; GreenBuzz on-line: www.greenbiz.com/index.cfm
K-12 SUSTAINABILITY EDUCATION

- Creative Change Education Solutions: Links, FAQs, curriculum, "The Shape of Change." www.creativechange.net
- Earth Day Network: www.earthday.net/howto/education/k-12lessonplans.asp
- Facing the Future: Challenges our way of thinking about our place on Earth, our relationships with each other, and our responsibility for the future. www.facingthefuture.org/
- Sustainability Education Center: Information and summaries of curricula for high school. www.sustainabilityed.org/
- Sustainability Education Toolkit: On-line collection of articles, activities, and other resources for teachers. www.esdtoolkit.org
- Ounce of Prevention--Curriculum Guide for Middle School: www.use-less-stuff.com/

STOP JUNK MAIL

- Mail Preference Service: www.dmaconsumers.org/offmailinglist.html
- "Stop the Junk Mail" Kit: www.stopjunk.com, Consumer Research Institute of Ithaca/$12.95
- Do-it-yourself! Stop junk mail, e-mail and phone calls: www.obviously.com/junkmail
- How to Get Rid of Junk Mail, Spam, and Telemarketers: www.ecofuture.org/jnkmail.html

OTHER RESOURCES

- Oklahoma Department of Environmental Quality Use Less Stuff Campaign Articles for newsletters or media, power point, newsletters, PSAs, and more: www.deq.state.ok.us/uls/index.htm
- Oklahoma Sustainability Network--Architects, interior designers, students, gardeners, government entities, non-profits, etc. working together for solutions. A list serv is available for information sharing and Issue Sections are forming. See website: www.oksustainability..org.
- St. Jude’s Ranch for Children, 100 St. Jude’s St., Boulder City, NV 89905-1618, 1-800-492-3562. Send fronts of greeting cards to be reused in making new cards. You can also buy reused cards (ten cards for $6.50) from them. More information: http://stjudesranch.org/Content/cardprogram.asp