

OKLAHOMA USE LESS STUFF CAMPAIGN SUSTAINABILITY BOOKLIST

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- **Affluenza: The All-Consuming Epidemic (Bk Currents)** by John de Graaf, David Wann, Thomas H Naylor, and Vicki Robin (Paperback, 2005)
- **Affluenza: When Too Much is Never Enough** by Clive Hamilton and Richard Denniss (Paperback - April 1, 2006)
- **Affluenza! (A Play)** by James Sherman (Paperback \$29.95)
- **Affluenza** by Oliver James (**Paperback** - 2008)
- **Animal, Vegetable, Miracle** by Barbara Kingsolver. All about a year of eating locally (2005) www.animalvegetablemiracle.com/ Good for discussion groups.
- **Beyond Growth** - *The Economics of Sustainable Development* by Herman Daly (Beacon Press, 1996)
- **Beyond the Limits** by Donella Meadows, Dennis Meadows and Jorgen Randers. Explains how we can build a permanently sustainable global economy while retaining a comfortable lifestyle. (Chelsea Green Publishing, 1992)
- **Biosphere Politics** by Jeremy Rifkin. Examines the environmental threats inherent in overconsumption and suggests strategies for a transition to sustainability. (Crown Publishers, 1991)
- **Carbon Busters Home Energy Handbook – Slowing Climate Change and Saving Money** by Godo Stoyke (New Society Publishers, 2007)
- **Choosing Simplicity: Real People Finding Peace and Fulfillment in a Complex World** by Linda Breen Pierce and Vicki Robin (Gallagher Press, 2000)
- **The Consumer’s Guide to Effective Environmental Choices: Practical Advice from the Union of Concerned Scientists** by Michael Brower, Ph.D. and Warren Leon, Ph.D. (Three Rivers Press, 1999)
- **Consuming Desires: Consumption, Culture and the Pursuit of Happiness**, Editor-Roger Rosenblatt (Island Press, 1999)
- **Cradle to Cradle-Rethinking the Way We Make Things** by William McDonough & Michael Braungart (North Point Press, 2002)
- **Designing with Nature** - *the Ecological Basis for Architectural Design* by Ken Yeang (McGraw Hill, 1995)
- **Earthfuture, Stories from a Sustainable World** by Guy Dauncey. Restores optimism by providing readers with positive, and achievable, alternatives. (New Society, 1999)
- **Earth in the Balance** - *Ecology & the Human Spirit* by Al Gore (Penguin Books, 1993)
- **Earth: The Sequel – The Rage to Reinvent Energy and Stop Global Warming** by Fred Krupp (EDF) and Miriam Horn. (W.W. Norton & Company, 2008)
- **Earth in Mind** - *on Education, Environment & the Human Prospect* by David Orr (Island Press, 1994)
- **Eco-City Dimensions** - *Healthy Communities, Healthy Planet* (New Society Publishers, 1997)
- **Ecological Design** by Sim Van der Ryn & Stuart Cowan (Island Press, 1995)

- **Ecology of Commerce**-*A Declaration of Sustainability* by Paul Hawken (HarperCollins Publisher, 1992)
- **Eco-Renovation**, *The Ecological Home Improvement Guide* by Edward Harland. (A Real Goods Independent Living Book, Chelsea Green Publishing Co.)
- **Envisioning A Sustainable Society** - *Learning Our Way Out* by Lester W. Milbrath (SUNY, 1989)
- **The Everything Green Living Book** – *Transform your lifestyle - easy ways to conserve energy, protect your family's health, and help save the environment* by Diane Gow McDilda (Adams Media, 2007)
- **Finding Community** – *How to Join an Ecovillage or Intentional Community* by Diane Leafe Christian
- **Fostering Sustainable Behavior - An Introduction to Community-Based Social Marketing** by Doug McKenzie-Mohr & William Smith (New Society Press, 1999)
- **The Future of Life** by Edward O. Wilson (Knopf, 2001)
- **The Green Consumer** by John Elkington, Julia Hailes, and Joel Makeover. Brand-specific handbook of environmentally responsible shopping choices. (Viking Penguin, 1993)
- **Green Living – The E Magazine Handbook for Living Lightly on the Earth** (Plume, 2005)
- **Green Living - The Complete Idiot's Guide** by Trish Riley (Penguin Group, 2007)
- **Heloise's Hints for a Healthy Planet** (Perigee Books, 1990)
- **Home Ecology** by Karen Christenson (Fulcrum Publishing, 1990) A complete overview of what you can do at home to help the environment — filled with practical tips to help green your daily life.
- **Home from Nowhere** - *Remaking our everyday world for the 21st century* by James Howard Kunstler (Simon & Shuster, 1996)
- **Hope, Human and Wild**—True stories of living lightly on the earth by Bill McKibben (Hungry Mind Press, 1995)
- **It's Easy Being Green – A Handbook for Earth-Friendly Living** by Crissy Task. (Gibbs Smith Publisher, 2006)
- **Keeping Life Simple** by Karen Levine (Storey Books, 1996)
- **The Key to Sustainable Cities: Meeting Human Needs, Transforming Community Systems** by Gwendolyn Hallsmith. Points to a new approach to city planning that builds on assets as a starting point for cities to develop healthy social, governance, economic, and environmental systems. (Paperback, 2003)
- **Making a Living While Making a Difference**, *Revised Edition: Conscious Careers in an Era of Independence* by Melissa Everett (Paperback, 1999)
- **Natural Capitalism**—*Creating the next industrial revolution* by Paul Hawken and Amory and Hunter Lovins (1999, <http://www.natcap.org/>)
- **The Natural House** by Dan Chiras (Chelsea Green, 2000)
- **The Natural Step for Communities - How Cities and Towns can Change to Sustainable Practices** by Sarah James and Torbjrn Lahti (Paperback, 2002)

- **The Natural Step Story** – Seeding a Quiet Revolution by Kark-Henrik Robert. Robert describes the enlightened way forward that he feels is the way of sustainability. (New Society Publishers, 2002)
- **The Natural Step for Communities** by Sarah James and Torbjørn Lahti. Provides inspiring examples of communities that have made dramatic changes toward sustainability and explains how others can emulate their success. (New Society, 2004)
- **New Urbanism** (The) - *Toward an Architectural Community* by Peter Katz, Vincent Scully & Toss W. Bressi (McGraw-Hill, 1993)
- **The New Village Green** – *Living Light, Living Local, Living Large* by Stephen Morris and the Editors of Green Living (New Society, 2007)
- **The Next Green Revolution- Essential Steps to a Healthy Sustainable Agriculture** by Dr. James Horne and Maura McDermott (Kerr Center for Sustainable Agriculture), order on-line: www.kerrcenter.com
- **Our Ecological Footprint. Reducing Human Impact on the Earth** by Mathis Wackernagel & William Rees (New Society Publishers, 1996) Cuts through the talk about sustainability and introduces a revolutionary new way to determine humanity's impact on the Earth.
- **A Place Called Simplicity** by Claire Cloninger. Provides encouragement and direction to a life of simplicity. (Harvest House Publishers, 1993)
- **Planet U** – Sustaining the World, Reinventing the University by Michael M'Gonigle and Justine Starke (New Society, 2006)
- **Primer on Sustainable Building** by Dianna Lopez Barnett with William D. Browning (Rocky Mountain Institute, 1995)
- **Promise Ahead** by Duane Elgin. the sequel to Elgin's bestselling 1981 classic *Voluntary Simplicity*, which changed the lives of thousands and was called the "bible" of the simplicity movement (Basic Books, 2000)
- **Radical Simplicity – small footprints on a finite Earth** by Jim Merkel (New Society, 2003)
- **Rodale's Chemical-Free Yard & Garden, the Ultimate Authority on Successful Organic Gardening.** (Random House, 1991)
- **Saving Cities – Saving Money** by John Hart. A distillation of innovative policies and working programs in the most prominent and interesting American and European cities that have established offices for coordinating environmental management. (Resource Renewal Institute, 1992)
- **Seven Wonders: Everyday Things for A Healthier Planet (aka the Dalai Llama vs. Baywatch)** by John Ryan (Northwest Environment Watch, 1999)
- **Sharing Nature's Interest--Ecological Footprints as an indicator of sustainability** by Nicky Chambers, Craig Simmons & Mathis Wackernagel (Earthscan Publications Ltd., 2001)
- **Shopping for A Better World** – The quick and easy guide to all your socially responsible shopping (from Council on Economic Priorities & Co-op America)
- **Simple Living Guide: A Sourcebook for Less Stressful, More Joyful Living** by Janet Luhrs. (Broadway, 1997)
- **Simple Prosperity: Finding Real Wealth in a Sustainable Lifestyle** by David Wann (Paperback, 2007)
- **Simplicity: Finding Peace by Uncluttering Your Life** by Kim Thomas (Broadman & Holman, May 1999)

- **Six Weeks to a Simpler Lifestyle** by Barbara Degrote-Sorenson and David Allen Sorenson (Fortress Press, 1994)
- **Solar Power for Your Home – The Complete Idiot’s Guide** by Dan Ramsey (Penguin Group, 2003)
- **The Sustainability Revolution: Portrait of a Paradigm Shift** by Andres R. Edwards (Paperback) Paints a picture of this largely unrecognized phenomenon from the point of view of five major sectors of society: Community (government and international institutions); Commerce (business); Resource extraction (forestry, farming, fisheries etc.); Ecological design (architecture, technology); Biosphere (conservation, biodiversity etc.)
- **Sustainable Architecture: Principles, Paradigms, & Case Studies** by James Steele (McGraw Hill, 1997)
- **Sustainable Urban Development** - A Literature Review & Analysis by Stephen Wheeler (Urban Ecology, Inc., 1995)
- **Sustainable World** (A) - Defining & measuring sustainable development by Thaddeus C. Trzyna (International Center for the Environment & Public Policy, 1995)
- **STUFF, The Secret Lives of Everyday Things** by John C. Ryan and Alan Thein Durning. (Northwest Environment Watch, 1997)
- **Suburban Nation: The Rise of Sprawl and the Decline of the American Dream** by Andres Duany, Elizabeth Plater-Zybeck & Jeff Speck (North Point Press, \$30.00)
- **Toward Sustainable Development** - *Concepts, Methods & Policy* edited by Jeroen C.J.M. van den Bergh & Jan van der Straaten (International Society for Ecological Economics Series, Island Press, 1994)
- **USE LESS STUFF**, *Environmental Solutions for Who We Really Are* by Robert Lillienfeld and William Rathje--Editors of the Use Less Stuff Report. (Ballantine Books, 1998)
- **Visions for a New American Dream** - *Process, principles & an ordinance* by Anton Clarence Nelesen (American Planning Assn., 1994)
- **Voluntary Simplicity** - *Toward a Way of Life That Is Outwardly Simple, Inwardly Rich* by Duane Elgin. (Quill, 1998)
- **Wake Up and Smell the Planet** – *The Non-Pompous, Non-Preachy GRIST Guide to Greening Your Day* (Skipstone, 2007)
- **Weslandia** by Paul Fleischman. A children's (ages 9-12) book about having the courage to think differently and to invent a sustainable world. (Candlewick, 1999)
- **Your Money or Your Life**: *Transforming Your Relationship with Money and Achieving Financial Independence* (Penguin Books, 1992) and **Getting A Life**: *Strategies for Simple Living* based on **Your Money or Your Life** (Penguin Books, 1997) both books by Joe Dominguez and Vicki Robin.