

# Consumption Advisory Levels For Mercury

Fish Tissue Concentrations (mg/kg)	Consumption Rate (Meals per Month) Sensitive Population	Consumption Rate (Meals per Month) General Population
< 0.5	No Restriction	No Restriction
0.5 – 1.0	2 meals per month	No Restriction
1.0 – 1.5	No Consumption	2 meals per month
> 1.5	No Consumption	No Consumption

Sensitive population is defined as children less than 15 and women of childbearing age (15-45). General population is men older than 15 and women older than 45. Meal size is 8 oz. with the assumption that younger children will eat smaller meals.